



Radnor Soccer Club

2020 SAFE PLAY GUIDELINES

August 12, 2020

I. INTRODUCTION

Radnor Soccer Club (RSC) has developed these 2020 Safe Play Guidelines in an effort to keep its players, volunteers and league officials safe during Little League play in 2020. RSC cannot ensure that participants will not contract COVID-19 or suffer any injury or illness during play however, these guidelines are believed to be best practices on organizing, playing and watching youth soccer in accordance with COVID-19 guidance from the U.S. Centers for Disease Control and Prevention (CDC), The World Health Organization (WHO), local youth soccer regulatory associations, the Commonwealth of Pennsylvania, and local governmental entities and health officials.

Participation in RSC is strictly voluntary. Families may decide not to participate in the club this season or until the COVID-19 pandemic is over given the potential risks involved. All club personnel, Board members, officials, managers, coaches, and families that do choose to participate are mandated to review these guidelines and to comply with the guidance offered herein for everyone's safety. Individuals who participate but fail to abide by these guidelines may be asked to leave a practice, game or be dismissed from a team, at their own expense.

All persons reviewing these 2020 Safe Play Guidelines should also review the published recommendations from Eastern Pennsylvania Youth Soccer <https://www.epysa.org/covid-19-resources/>.

Important note: These guidelines are written to address all Radnor Soccer Club programs. Certain sections of this document may not apply to the program in which a player is participating.

Questions related to the 2020 Safe Play Guidelines should be directed to:

- **For RSC travel:** Board Director and head of travel programs, Jim Warren - jimwarren@radnorsoccerclub.org, Travel Coaching Director, Kirk Johnson - kirkjohnson@radnorsoccerclub.org, or the RSC Safety Officer, Jeff Adams - jeffadams@radnorsoccerclub.org.
- **For RSL (rec):** Board Director and head of RSL programs, Marc Verbos - marcverbos@radnorsoccerclub.org, the RSL Administrator at RSLRegistrar@RadnorSoccerClub.org, or the RSC Safety Officer, Jeff Adams - jeffadams@radnorsoccerclub.org.

The RSC Board of Directors have resolved to promulgate and enforce these guidelines to the best of its ability.

Important note: Radnor Soccer Club has a zero-tolerance policy for families who don't comply with the RSC Safe Play Guidelines and elects to knowingly let their child play when feeling ill or testing positive for COVID-19, will be dismissed from the club for the remainder of the year without refund.

DISEASE PREVENTION STRATEGIES

A. Pre-Arrival / When to Stay at Home

Any RSC coach, official, volunteers, players, or family members should stay at home and NOT attend practices, games, or other club sponsored events if they have tested positive for or are showing COVID-19 symptoms, or if they have recently had a close contact with a person with COVID-19 symptoms.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.

COVID-19 symptoms may appear 2-14 days after exposure to the virus and include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. The CDC continues to update this list as more is learned about COVID-19. Reference to the CDC's Coronavirus Disease 2019 (COVID-19) website area pertaining to considerations for youth sports is recommended: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

All persons planning to attend a RSC practice, game and / or club event should check to be sure that those who will be present at any RSC facility are not exhibiting any signs or symptoms of COVID-19 **BEFORE** leaving their home. In addition, parents should check their players' temperature **BEFORE** arriving for practice, games and / or league events. Any player with a temperature reading greater than **100.4 F** and/or who displays **ANY** of the listed COVID- 19 symptoms **MUST STAY HOME**.

While the Radnor Soccer Club will do everything to ensure the safety and wellbeing of all players, coaches, parents, volunteers, officials, and club personnel, it is explicitly understood, and acknowledged by each player and parent that the responsibility of ensuring the safety and wellbeing of all RSC players rests on the parents and players to complete all necessary pre-screening requirements prior to any schedule practice, game, or club event.

Prior to arrival at the field for any practice, game, or other club event, all players are required to complete a "wellness-screen" questionnaire through their TeamSnap account and submit their responses. This questionnaire will include general questioning about how the player is feeling and whether or not the player is exhibiting any of the above listed COVID-19 symptoms. The questionnaire can be found under the "Schedule" section within the TeamSnap app.

Important note: EVERY player is required to complete the questionnaire prior to each practice, game, or club event. The questionnaire should be completed no more than one (1) hour prior to the scheduled event start time.

Any player who arrives at a field for a practice, game, or club event and has not completed the questionnaire will be prohibited from participating in the event and asked to leave the field or facility.

B. Arrival at Practice / Games / League Events

On arrival at the field, all players will be required to check-in with their team coach and/or club official designated as the "site-lead" (depending on facility) to have their temperature checked and recorded with a non-contact infrared thermometer that will be available at all RSC playing locations. **Important note:** this does not replace or serve as an alternative to the pre-screen questionnaire and required temperature check submission that must be submitted and on file as outlined above.

Any player that "fails" the "well-screen" will **NOT** be permitted to engage in the practice, game or event and will be asked to leave the facility immediately in order to ensure the health and safety of everyone else present. Further, any player who exhibits emerging symptoms of COVID-19 or any other illness during a practice, game or event will likewise be asked to leave the facility immediately.

To the extent that supplies are available and practical, all players and coaches will be asked to wash their hands with soap and water or with an alcohol-based hand cleaner upon arrival and before the commencement of the practice, game or club event.

C. Occupancy Limits

Each individual game or practice at a RSC facility must adhere to the current Pennsylvania gathering occupancy limits current guidelines and information can be found by visiting: <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Coronavirus.aspx> .

If multiple games are to be held at the same facility, adequate time shall be scheduled between contests to allow for facilities to be cleaned and disinfected as feasible, and to minimize interaction between athletes. Radnor Township sports complexes with multiple fields may operate simultaneous games or practices on fields within a complex, only if social distancing can be maintained.

D. Use of Club Equipment

During the 2020 season, RSC discourages the use of any shared equipment. To the extent possible, all players and coaches shall refrain from sharing and use **ONLY** their own personal soccer and protective equipment. This includes all uniform accessories (i.e. jerseys), as well as goalie gloves, shin guards, warm up equipment, etc. If equipment must be shared (as may be the case at times), then all shared equipment **MUST** be properly disinfected with an EPA approved disinfectant against COVID-19 between users by a coach or other club volunteer. RSC will endeavor to provide said disinfectant solutions at all facilities to the extent practicable and based upon availability of supplies.

Upon completion of any practice, game, or club event, all club equipment including soccer balls, goals, and cones should be disinfected.

Where possible, coaches should assign practice pennies to each player at the beginning of this season. Pennies should remain in the possession of the assigned player and treated as part of the player's personal equipment for the entire season and washed between uses.

In divisions where it is not reasonable to assign pennies to individual players, the team coach should disinfect and wash all team pennies between every practice and/or game in which the pennies are used.

During games, officials should limit their contact with the ball to the extent possible. Players should retrieve out-of-bounds balls, where possible, and at no time, should any spectator retrieve the ball.

E. Sidelines and Fields

RSC is committed to maintaining safe and healthy facilities for all club events by employing the use of EPA approved disinfectant against COVID- 19 before practices and games, to the extent practicable and based upon availability of supplies.

During all games, players shall store their equipment in the designated sidelines areas along the exterior parameter of the field and / or along the fence in the player-waiting area adjacent to the fields and at a distance of 6 feet apart. Players are to obtain their own equipment from their designated area without moving their bags during play.

When on the sideline, players and coaches should maintain social distancing no less than six (6) feet apart from one another at all times and be lined up, or seated, in the designated player-waiting area (as each RSC facility allows), and spaced out 6 feet apart.

Players, coaches, and officials should wear a mask, or acceptable face covering at all times when not actively involved and engaged on the field of play. This requirement is subject to change and will follow the recommended guidelines provided by state and local health officials.

Nonessential visitors and spectators at games should be limited, when possible. RSC kindly requests that spectators be limited to player's parents and immediate family when possible. Parents are asked to refrain from attending practices and instead plan to drop off and pick up their players, noting, however, that parents MUST be available by cell phone during all practices and games in the event that their player exhibits signs of emerging illness while at the facility. RSC understands that this may not be possible for younger divisions and other divisions of the club's rec. programs and therefore asks parents and coaches use their best judgement when necessary in determining spectator attendance based on age groups.

Family members, and other spectators are NOT permitted to enter any designated player areas, the field of play, or other areas outside of the designated spectator areas at any time or for any reason (other than to attend to an injured player when requested by an official or coach). Family members, and other spectators should wait until all players, coaches, and officials have arrived on the playing field and the practice, game, or club event has started, before making their way to the designated spectator area. Spectators should always maintain a distance of 6 feet from all other families and spectators within the designated spectator area and wear a mask, or acceptable face covering at all times. This requirement is subject to change and will follow the recommended guidelines provided by state and local health officials.

Radnor Township and RSC reserve the right to erect barricades and / or to otherwise demarcate entrances and exits, pick-up and drop-off locations and spectator viewing areas at all facilities in order to prevent or limit unsafe congregation or crowding. Family members, friends and other spectators in attendance must strictly adhere to all field signs and / or directions from Township officials, club officials, referees and coaches.

F. Public Facilities

Radnor Township will make all decisions as to whether or not public restrooms and water fountains will be available for use during the 2020 RSC season.

RSC recommends that all players, coaches, and spectators bring their own water / drinks to practices and games. Teams will not be permitted to set up shared water coolers or any other type of shared beverages or food during the 2020 season. Coaches and players should label their own water / beverage bottles prior to arriving at the

facility, and these should be kept with each player's equipment so as to avoid any confusion or unintentional shared use.

If the public restrooms are open at RSC facilities during the 2020 season, then RSC recommends that only 1 person be inside and using the restroom at a time. Parents should accompany their child to the restroom to be sure that this practice is being followed. Everyone using a public restroom should ALWAYS be sure to wash their hands with soap and water prior to exiting the restroom. If soap and water is not immediately available, then an alcohol-based hand sanitizer should be used instead.

To the extent any facilities are operating, social distancing must be followed at all times, and the following of any signs or published rules of use should be considered mandatory.

G. Social Distancing

All players, coaches, volunteers, club officials, referees, and spectators should practice social distancing of 6 feet from individuals not residing within their household, wherever and whenever possible, and during all RSC practices, games, and league events.

Use of a mask, or acceptable face covering should be practiced at all times when not actively involved and engaged on the field of play. This includes all players, coaches, volunteers, club officials, referees, and spectators. This requirement is subject to change and will follow the recommended guidelines provided by state and local health officials.

H. Personal Protective Equipment

Face coverings are not intended to protect the wearer, but rather to reduce the risk of spreading COVID-19 from the person wearing the mask (who may not have any symptoms of disease).

While the club understands that face coverings may be challenging for players (especially younger players) to wear, the club will implement, and enforce, a mandatory masking policy as recommended by state and local health officials. Face coverings should be worn by players, coaches, and officials when practicable and in accordance with the guidance offered herein. Face coverings should also be worn by all parents, and spectators who are present at RSC facilities. Wearing face coverings is most important when physical distancing is difficult.

Players, coaches, and officials should wear a mask, or acceptable face covering at all times when not actively involved and engaged on the field of play. Radnor Soccer Club has purchased, and will provide, a club branded face covering for all players, coaches, club officials, and parent volunteers in effort to promote our masking policy.

Players are not required to wear a cloth face covering while on the field during game play. However, players are permitted to wear a cloth face covering on the field during game play, if they are physically able to safely do so, and /or based on any directive of a medical provider or individual determination of the player/ parent / guardian.

Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

Players should not wear protective medical gloves on the field during game play.

These policies are subject to change and will follow the recommended guidelines provided by state and local health officials.

II. MODIFIED GAME PROCEDURES & RULES

A. Pre-Game Meetings

The holding of pre-game meetings is strongly discouraged. If a meeting is to be held, then social distancing of 6 feet between individuals should be implemented during the meeting. Meetings should only consist of one coach from each team, and game officials. All participants should wear a cloth face covering. No players should ever be a part of pre-game meetings.

B. Referee Positioning

Referees should maintain a safe distance from players, coaches, and other officials during play at all times whenever possible and are encouraged to referee games from the sidelines. Referees should maintain a safe distance, preferably 6 feet, as much as possible. If physically able, all referees are encouraged to wear cloth face coverings while officiating any club event.

C. Spitting, Gum, etc.

Spitting, gum, etc. will NOT be allowed on field during the 2020 season. All players and coaches are to refrain from spitting at all times, including on sideline areas and on the playing field.

D. Effort to Avoid Collisions and Close Proximity of Players

Due to the nature of the sport, it is understood that players, during games will be in close proximity and have potential for collision with other players. Players should refrain from entering goalie boxes and avoid gathering in groups as much as possible when play is suspended.

Coaches are encouraged to utilize practice drills and techniques that limit close proximity of players whenever possible and limit practice scrimmaging and other activity that require players to be in close contact. It is understood that this will not always be possible and coaches should use their best discretion to make the decisions.

E. Traditions and Sportsmanship

Players must avoid huddles, shaking hands, fist bumps, high fives or other displays of unity or sportsmanship before, during and after games and practices. Players should limit unnecessary physical contact with teammates, other athletes, coaches, officials, and spectators. The post-game “handshake” with the opposing team should be replaced with a “salute” from each team’s respective sideline, or other creative gesture.

III. NOTIFICATION OF ILLNESS

For RSC travel programs, the Board Director that serves as the head of travel programs (Jim Warren), Travel Director of Coaching (Kirk Johnson), and the RSC Safety Officer (Jeff Adams), **MUST** be contacted if any RSC travel player tests positive for COVID-19 or becomes symptomatic of the disease.

For RSL (rec) programs, the Board Director that serves as the head of RSL programs (Marc Verbos), and the RSC Safety Officer (Jeff Adams), **MUST** be contacted if any RSL player tests positive for COVID-19 or becomes symptomatic of the disease.

In accordance with state and local privacy and confidentiality laws and regulations, RSC will notify local health officials, coaches, referees/officials, and any families that were in “close contact” with the affected player within the past 14 days so that those individuals can then determine whether or not they need to be tested for COVID-19 and / or isolated / quarantined.

In order to assist with proper notifications and contact tracing, all RSC coaches are required to keep a log of all players who attend practices and games. Correspondingly, families **MUST** update TeamSnap at least 48 hours **BEFORE** any practice or game, and **MUST** keep TeamSnap updated with any changes through the occurrence of the practice or game. Families should also be prepared to arrive 15 minutes earlier than usual to all events in order to allow sufficient time for each player to have a “well-screen.”

Tim Fisk
RSC Board President

Jeff Adams
RSC Safety Officer

Jim Warren
RSC Board, Head of Travel

Marc Verbos
RSC Board, Head of RSL (rec)

RSC SAFE PLAY CHECKLIST FOR 2020 SEASON

Pre-Game/Pre-Practice Logistics

- Prior to arrival at the field for any practice, game, or other club event, all players are required to complete a “wellness-screen” questionnaire through their TeamSnap account and submit their responses. The questionnaire can be found under the “Schedule” section within the TeamSnap app.
- Coaches or club officials will verify that the player has completed the “wellness-screen” questionnaire via TeamSnap prior to the player being permitted onto the field. The questionnaire should be completed no more than one (1) hour prior to the scheduled event start time.
- Drop off ONLY for practices **unless specific age-group or division rules state otherwise.*
- On-site “Well Screen” (including contactless temperature check) for all players
- Players shall store equipment in the designated sidelines areas only located along the exterior parameter of the field and / or along the fence and at a distance of 6 feet apart.
- Players are to obtain their own equipment from their designated area without moving their bags during play.

Practice and Game Logistics

- Avoid equipment sharing
- Disinfection of shared equipment between users
- Disinfection or replacement of ball in play
- Ball retrieval limited to players
- Players retrieve playing equipment and beverages from their individual equipment placement location without moving their equipment bags from the placement location
- Players, coaches, and officials should wear a mask, or acceptable face covering at all times when not actively involved and engaged on the field of play.
- NO non-players, non-coaches, or non-officials are permitted at any time on the field of play unless requested by a coach or official.
- Spectators are only permitted within the designated spectator areas and practice social-distancing with 6 feet between persons from different households and wear a mask, or acceptable face covering at all times.
- One person in the restroom at a time

Game Play Modifications

- Referees should maintain social distancing of 6-feet whenever possible.
- **NO** pre-game meetings
- **NO** spitting, or gum
- **NO** huddles, shaking hands, fist bumps, high fives or other displays of unity or sportsmanship before, during and after games and practices
- **NO** post-game “handshake” with the opposing team - should be replaced with a “salute” or other creative gesture

Required Notifications

- **MUST** notify RSC if any player tests positive for COVID-19 or becomes symptomatic
- **MUST** keep TeamSnap updated to allow for contact tracing
- Coaches **MUST** keep attendance listing for all practices and games

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Temperature Check

The infrared thermometer provided by RSC should be used to take the player's current temperature at the field **PRIOR** to engaging in any activity.

Screening Results

All persons planning to attend a RSC practice, game and / or club event should check to be sure that those who will be present at any RSC facility are not exhibiting any signs or symptoms of COVID-19 **BEFORE** leaving their home. In addition, parents should check their players' temperature **BEFORE** arriving for practice, games and / or league events. Any player with a temperature reading greater than **100.4 F** and/or who displays **ANY** of the listed COVID-19 symptoms **MUST STAY HOME**.

Prior to arrival at the field for any practice, game, or other club event, all players are required to complete a "wellness-screen" questionnaire through their TeamSnap account and submit their responses. This questionnaire will include general questioning about how the player is feeling and whether or not the player is exhibiting any of the above listed COVID-19 symptoms. The questionnaire can be found under the "Schedule" section within the TeamSnap app.

Important note: EVERY player is required to complete the questionnaire prior to each practice, game, or club event. The questionnaire should be completed no more than (1) hour prior to the scheduled event start time.

Any player who arrives at a field for a practice, game, or club event and has not completed the questionnaire will be prohibited from participating in the event and asked to leave the field or facility.

Any player that "fails" the "well-screen" will **NOT** be permitted to engage in the practice, game or event and will be asked to leave the facility immediately in order to ensure the health and safety of everyone else present. Further, any player who exhibits emerging symptoms of COVID-19 or any other illness during a practice, game or event will likewise be asked to leave the facility immediately.

To the extent that supplies are available and practical, all players and coaches will be asked to wash their hands with soap and water or with an alcohol-based hand cleaner upon arrival and before the commencement of the practice, game or club event.