

RADNOR SOCCER CLUB

2019 TRAVEL SOCCER TRYOUTS: WHAT TO EXPECT

Tryouts are here! Here is what you need to know:

1. **ARRIVE AT LEAST 15 MINUTES BEFORE EACH TRYOUT BEGINS!** Especially for the first session! Please check the website for up to date information for when and where tryouts happen for each respective gender and age. Tryouts are taking place on either Encke or Prevost fields at Radnor High School.
2. **BE PREPARED!** Each player needs shin guards, cleats and water.
3. **PARK IN THE SENIOR LOT AT RHS.** The Senior Lot is opposite the bus shelter. **DO NOT** stop and drop on Raider Road. There will be way too much traffic for that – it will be unsafe. Please walk your player from the Senior Lot and access the fields using the stairs between Encke and Prevost. We will have tables set up to check in.
4. Upon checking in, each player will receive a tryout pinnie. This pinnie will have a color and number unique to the player. Please return the pinnie promptly at the end of the tryout time.
5. Tryouts will be conducted by the Samba coach for that age group. Those assignments have been posted to our website. Our Director of Soccer, Alan Mezger, Director of Coaching, Kirk Johnson, and Technical Director, Grant Myers, will assist in the evaluations, as will other trainers.
6. Please feel free to stay and watch tryouts. If you choose to stay, please stay on the Raider Road side of the fence at Encke (we suggest the concrete seating area or metal bleachers) or the stands at Prevost.
7. Below is a rough plan for the first tryout for each group. Plans for subsequent tryouts will be finalized based on the results of the first session. In general, you can expect to see the following:

Time	Activity	What the Activity Assesses
10	Dynamic warm up- ladder work (incorporate the ball if possible, assessing general coordination)	Focus; Enthusiasm; Coachability; Coordination
10	Technical/passing/ dribbling exercises - example Triangle drill	Passing and ball control technique.

30	3 v 3 - 4 v 4 - 5 v 5 depending on numbers	Combination play; Off ball movement; Aggression; Creativity; Small space awareness
40	Full sided game for the appropriate age	Team play; Positioning; Field Awareness; Decision making

We are looking forward to seeing you all!